



**ACBS UK and Ireland Chapter**  
Association for Contextual Behavioural Science

Acceptance & Commitment Therapy (ACT)  
Special Interest Group  
British Association for Behavioural  
& Cognitive Psychotherapies



## Acceptance and Commitment Therapy/ Contextual Behavioural Science Conference

# Building Bridges

Edinburgh International Conference Centre, Edinburgh

22-25 November 2016

### Pre-conference workshops - 22 & 23 November

Two day advanced/intermediate workshop

**Dr Robyn Walser**, TL Consultation Services/University of California,  
Berkeley and National Centre for PTSD

*Beyond the Basics in Acceptance and Commitment Therapy: Advancing Through Use of the Therapeutic Relationship and Implementing the Processes with Flexibility and Effectiveness*

Two-day Introductory Workshop: *ACT for CBT Practitioners* - **Dr Joe Oliver**, Contextual Consulting  
and **Dr Richard Bennett**, Think Psychology

One-day workshop: *Adapting ACT for people with Personality Disorder* - **Dr Helen Bolderston**,  
Bournemouth University

A further one-day workshop to be confirmed

### Two days of conference - 24 & 25 November

The conference theme is '**Building Bridges**' and we will bring together people from research and practice, across a wide range of topics and interests. In addition, we hope to attract people from diverse orientations, including, ACT, but also the mindfulness, MBCT, MBSR, Compassion Focussed Therapy, CBT and humanistic psychotherapy traditions.

The open call for submissions of symposia, in conference workshops/skills classes, posters, panel debates, will be available via the website below.

#### Key note speakers include:

Dr Robyn Walser, Dr Mary Welford, Compassionate Mind Foundation others to be confirmed

Follow for updates on Twitter at #ACTCBS



For registration and submissions visit [www.actcbsconference.com](http://www.actcbsconference.com)